

Turkey Bowl info

Woodward Park

Minimum \$5 donation for Love INC to assist in local benevolence

By 7:00 arrive, register, sign release (smartwaiver.com/v/cgccwaiver/). If <18 we need to talk to parent
Register individually, one captain registers team, captain stays near but team vacates registration area
7:45-7:55 Welcome, Rules/Regs, Team formation
7:55-8:15 GAME #1 (20 min game, 10 minute passing)
8:30-8:50 GAME #2 (20 min game, then halftime – gather back at registration)
9:00-9:30 Halftime (9:10 please let us have your attention in exchange for our work)
9:35-9:55 GAME #3 (20 min game, 10 minute passing)
10:05-10:25 GAME #4 (20 min game, bring all cones, flags, etc to registration)
10:30 Thanks for coming! Come visit Crossroads if you do not have a church home.

Rules and regs

- Your team must last 4 games and play till 10:30. You cannot whimp out on us.
- This is a GAME and ONLY A GAME. Get that through every team member's skull. No scores are recorded. No trophies are handed out.
- Clean play at all times. Tempers must be kept in check at all times, including cussing or extreme competitiveness. Keep it up and you will be asked to leave. We all have lives, mortgages and kids to go home to post game, and reputations are on the line for us too.
- **Ref's decision is the decision. No complaining about any call.** Captains will hear my fury. We have 2 refs and we will kick players out (we have in the past, and will do so now).
- Do not get hurt. Injuries are not good. All players must have signed the church responsibility waiver form and understand that you are playing at your own risk. No playing without having signed release form. If you do get hurt you agree to not sue the church.
- Minimum age 13 (for safety and competition).
- Teams will be 10 v 10, and equal numbers play against other teams (some sit out each play), but each team WILL play 10 IF they have 10 on their team.
- A captain will represent each team, and that person is responsible to also keep peace, and know the next field to go to. Captains have to be a bit smarter than the next guy.

Normal football rules, with a few exceptions

- First down is the next cone, end cones are the end zone, making the one before it goal line.
- Kickoffs (from the third cone) and punts kicked only. No rushing punts.
- Fumbles are live.
- Safeties are when a flag is pulled inside the other end zone (2 points and then a kickoff).
- No blocking flags from being taken. Straight-arming away okay. Run upright, not with head lowered. Spin as much as you want.
- No taking the ball away from girls (no stripping balls from them).
- Rushers ... any number may rush, no alligator delay.
- Receivers ... all eligible, any time.
- First down is next cone, inside last cone is first and goal.
- Pass interference is automatic first down.
- Flags must be worn at all times, hanging out a foot and not obstructed by dangling shirts.
Dead ball declared if flag falls off. If defense pulls flags off at the line is automatic first down.

Get there before 7:15am, otherwise there may not be room on any teams to play on.

Register and sign the release, and find a team to join to enjoy clean, competitive flag football. Please give your attention for the 12-minute Half Time in exchange for our hosting the games. Enjoy the life that God gave you.

For 11.24.2019